07 3073 1412

**Applied Abilities** 

www.appliedabilities.com.au rosters@appliedabilities.com.au

VACAY 2023

#### MONDAY 11/12/2023

#### **Coochiemudlo Hangs**

9.30AM - 2.30PM

Lets kick the first day of school holidays of with an adventure! Lets go and frolic in the water, build sandcastles and explore!

**OUT OF POCKET EXPENSE \$10** 

#### TUESDAY 12/12/2023

#### **QUEEN STREET MALL**

9.AM - 2PM Lets catch the train into Queen Street Mall,

check out the Roving Christmas
Buskers and Artists. We will be
having lunch in the Mall, heading
over to check out the giant
christmas tree

YOU WILL NEED A GO CARD

#### WEDNESDAY 13/12/2023

#### OFF TO THE MOVIES WE GO

9.30AM - 3.30PM

Off to Cineplex to check out the new flicks that are out for the holidays, I hear there are some good ones this holidays. Followed by lunch, arts and crafts, hangs at office HQ

**OUT OF POCKET \$25** 

#### THURSDAY 14/12/2023

#### **DREAMWORLD**

9AM - 5PM

Do you prefer a spine-tingling, heart-pumping experience or check out the tigers or bilbies, koalas & tree kangaroos, there's so many furry friends for you to find!

OUT OF POCKET \$129 YEARLY PASS \$95 DAILY PASS

#### FRIDAY 15/12/2023

## CHRISTMAS COOKIES AND CHRISTMAS MOVIE

11PM - 4PM

Christmas Cookie Decorations, Christmas tunes and Christmas Movies to finish off the day. Bring your lunch for a fun day at HQ

**OUT OF POCKET \$20** 

#### SATURDAY 16/12/2023

## CHRISTMAS LIGHT TOUR AND DINNER

5PM - 8PM

Travelling in a Convoy,
Christmas Carols playing, lots of
laughs, We will driving around
Redlands checking out all the
fabulous Christmas Light
displays, Especially Lukes Light
Display with music and Belly
Dance Troupe.

### IMPORTANT INFORMATION

IMPORTANT

INFORMATION

- 1:2 Ratio
- 1:1 for High Intensity Support

## BENEFITS OF GROUP ACTIVITIES

- Making new friends
- Building confidence
- Great for NDIS funding
- Correct ratios

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#### MONDAY 18/12/2023

#### **CHILL SESSIONS AT HO**

9.30AM - 2.30PM

Off to HQ we go, we will be getting our Arts and Craft on today, Hand Sewing some Christmas Decorations, making some Christmas Crafts.

OUT OF POCKET EXPENSE \$10

#### TUESDAY <u>19/1</u>2/2023

#### **SANDGATE AQUATIC CENTRE**

9.30AM - 2.30PM

Waterplay, pools and fun is on the agenda for the day. Bring your sunscreen, water bottle, togs and happy face. its going to be an amazing day in the sun

OUT OF POCKET \$25

## WEDNESDAY 20/12/2023

### OUTDOOR MOVIE @ SOUTHBANK

4.30pm - 9.30

Catching a train into Southbank.
Grabbing our Picnic rug, Packing
our dinner to enjoy while we
Enjoy Christmas film at River
Quay Green as the sun sets over
South Bank.

YOU WILL NEED A GO CARD

## THURSDAY 21/12/2023

#### **FLAGSTONE ADVENTURE PARK**

9AM - 2PM

Taking centre stage is the colourful 11-metre high tower with a suspension bridge and three massive tunnel slides. Reach the top for a bird's eye view of the park, feeling of being on top of the world. Bring a picnic for lunch and snack for a fun filled day.

#### FRIDAY 22/12/2023

#### **COOKING WITH CHRISSY**

1PM - 6PM

Chrissy is sharing her secret recipe for Rocky Road and Fudge with us. we will be preparing, cooking and decorating into gift jars ready to be given to our family or friends. You will head home with a jar of fudge and a jar of Rocky Road

OUT OF POCKET \$28



### IMPORTANT INFORMATION

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ACAY 2023/2024

## WEDNESDAY 27/12/2023

#### **CHILL SESSIONS AT HQ**

9.30AM - 2.30PM
Off to HQ we go, we will be getting our Arts and Craft on, eating our packed lunch, watching a movie and chilling out with popcorn, maybe finishing off with Cold Rock Ice Cream before heading home

**OUT OF POCKET EXPENSE \$ 20** 

## FRIDAY 29/12/2023

#### ZONE BOWLING CAPALABA

9AM - 2PM

Back to our favourite Bowling
Place, we will be playing two
games of bowls then off to the
park for picnic lunch, get some
fresh air and sunshine

OUT OF POCKET \$26

# OPAPPY NEW YEAR

#### WEDNESDAY 03/01/2024

#### **FOOT GOLF**

10AM - 3PM

Foot Golf, what is it you may ask, it is like golf but we use a soccerball and our feet to sink it in the hole, the person with the least amount of kicks is the winner. We will do a round of mini golf while we are there too

**OUT OF POCKET \$15** 

## THURSDAY 04/01/2024

#### WHITE WATER WORLD

9AM - 5PM

Slides and water fun here we come

WhiteWater World features ground breaking technology to deliver some serious splash

OUT OF POCKET \$129 YEARLY PASS \$95 DAILY PASS

#### FRIDAY 05/01/2024

#### **CHILL SESSIONS AT HQ**

9.30AM - 2.30PM

Off to HQ we go, we will be shopping for ingredients and cooking our own lunch today. Stick to a budget, writing a shopping list, shopping Prep and cooking. Followed by awesome Arts and Craft in chill out zone

**OUT OF POCKET EXPENSE \$10** 

## IMPORTANT INFORMATION

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#### MONDAY 08/01/2024

#### **CHERMSIDE WATER PARK**

9:30am - 2:00pm
Brisbane's largest water park
opens its doors for kids and
adults alike to enjoy
hundreds of metres of water
slides. From the scenic
Jungle Adventure to the
Flume of Doom

**OUT OF POCKET \$20** 

### TUESDAY 09/01/2024

#### FISHING, GAMES & BBQ LUNCH

9.30AM - 2.30PM
Off we head to one of Fish
Whisper Chrissy's Secret
Locations for some fun in the sun,
Fishing and BBQ for Lunch. Even
if you aren't into fishing it will be
a fabulous day with BBQ and
board Games and Card Games

**OUT OF POCKET \$15** 

## WEDNESDAY 10/01/2024

#### **BOUNCE TINGALPA**

9.30AM - 1.30PM

One of our most loved activites to do as a group. Bouncing for 2 hours then off to KFC for lunch. Trampolines, Flying Fox, Parkour and Dodge Ball

**OUT OF POCKET \$28** 

## IMPORTANT INFORMATION

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## THURSDAY 11/01/2024

#### **PLANETARIUM**

9:30AM - 2:30PM
Off to Mt Cootha for a visit to the Planetarium we go,
Collisions dazzling and distructive. Lets check out the evolution of the universe. Lunch in the Mt Cootha park afterwards

**OUT OF POCKET \$20** 

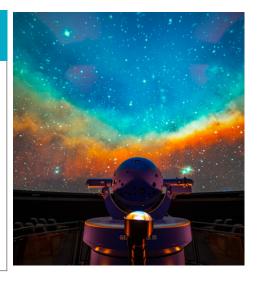
## FRIDAY 12/01/2024

#### **CHILL SESSIONS AT HQ**

9.30AM - 2.30PM

Off to HQ we go, we will be shopping for ingredients and cooking our own lunch today. Stick to a budget, writing a shopping list, shopping Prep and cooking. Followed by awesome board games or chill out on the lounge.

**OUT OF POCKET EXPENSE \$10** 





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#### MONDAY 15/01/2024

#### **CHILL SESSIONS AT HO**

9.30AM - 2.30PM
Off to HQ we go, we will be shopping for ingredients and cooking our own lunch today.
Stick to a budget, writing a shopping list, shopping Prep and cooking. Followed by awesome canvas painting while drinking milkshakes

#### WEDNESDAY 17/01/2024

**OUT OF POCKET EXPENSE \$10** 

#### **Cleveland Pool**

9.30AM - 2.30PM Woo Hoo - Lets cool of at Cleveland Pool! Come and join us for a swim, whirl pool and a slide fun

**OUT OF POCKET \$10** 

#### TUESDAY 16/01/2024

#### **LUCKY CAT CAFE**

10AM - 2PM

The purrfect place for cat lovers All of the fun, with none of the
responsibility! Off to the Cat Cafe
we go to spend an hour palying
with the cats, then off to a park
for lunch and a play before
heading home

**OUT OF POCKET \$25** 

## THURSDAY 18/01/2024

#### Movies and Chill Session at HQ

9.30AM - 3.30PM
Movies and Off to HQ we go. Not only will we catch up on the latest movies, but we will also build our capacity, by shopping, preparing and cooking food!

**OUT OF POCKET EXPENSE \$25** 



#### FRIDAY 19/01/2024

#### **BOUNCE TINGALPA**

9.30AM - 1.30PM

One of our most loved activites to do as a group.

Bouncing for 2 hours then off to KFC for lunch.

Trampolines, Flying Fox, Parkour and Dodge Ball

OUT OF POCKET \$28

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ast updated: 14/07/2023

BOOKINGS ARE ESSENTIAL AND WILL CLOSE 1 WEEK PRIOR TO THE EVENT, SO PLEASE GET YOUR BOOKING FORMS

COMPLETED ASAP - TICKETED EVENTS ARE SUBJECT TO AVAILABILITY