



APPLIED ABILITIES
working together to achieve your goals!

GIRLS GROUP

NOVEMBER 2023

Applied Abilities
07 3073 1412
www.appliedabilities.com.au
rosters@appliedabilities.com.au

SATURDAY
4/11/2023

COLOUR MY POT
9.30AM - 1.30PM



Lets get creative with a painting session at Colour My Pot, what will you paint its getting very close to Christmas who doesnt love a handmade gift

OUT OF POCKET \$15



FRIDAY
10/11/2023

LETS HEAD TO HQ
530AM - 9.30PM

Lets go and hang in the most comfy space we know of, there is music of your choice, board games, laughter, dinner options close by, and cupcakes we will make for dessert

OUT OF POCKET \$10



ADDITIONAL INFORMATION

AGE GROUP:

- 18 to 25 years of age

IMPORTANT INFORMATION

- 1:2 Ratio
- 1:1 for High Intensity Support

BENEFITS OF GROUP ACTIVITIES

- Making new friends
- Building confidence
- Great for NDIS funding
- Correct ratios

If you have any questions, or require any further info, please contact Team on:

07 3073 1412
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SATURDAY
18/11/2023

SMASHROOM
430PM - 9PM

Smash things, feel better and no clean up
A safe environment to release tension, frustration, and anger from dealing with life, and what she throws at us all...and it's sooo much FUN!!

OUT OF POCKET \$50

FRIDAY
24/11/2023

PAINT AND SIP
5PM - 10PM

We are off to paint an amazing canvas and put our own spin on it. Led by a qualified understanding teacher / artist we will rock this canvas and have something to decorate our homes or rooms with.

OUT OF POCKET \$30

Last updated: 08/07/2022