



APPLIED ABILITIES
working together to achieve your goals!

YOUNG ADULT GROUP

TERM 2

Applied Abilities
07 3073 1412

www.appliedabilities.com.au
rosters@appliedabilities.com.au

FRIDAY
02/05/2025

SOUTH BANK HANGS

9.30AM TO 2.30PM

Lets catch a ferry into South Bank, swim and connect with our peers.

Out of Pocket: 50 cents for ferry + Lunch

WEDNESDAY
07/05/2025

LUNCH AT HQ THEN SMASH ROOM

12.00PM TO 5PM

After making lunch at HQ, lets get our "Hulk" on and get semashing at 13 Axes (Cleveland). After this, we will go for a nice calm walk

Out of Pocket: \$40 + \$10 for lunch

FRIDAY
16/05/2025

COOCHI HANGS

9.30AM TO 2.30PM

Soak up the last of the Autumn sun, have a splash and a BBQ lunch at the iconic Coochiemudlo Island!

\$15.00 for lunch

ADDITIONAL INFORMATION

AGE GROUP:

- 18 TO 30

IMPORTANT INFORMATION

- 1:2 Ratio
- 1:1 for High Intensity Support

BENEFITS OF GROUP ACTIVITIES

- Making new friends
- Building confidence
- Great for NDIS funding
- Correct ratios

If you have any questions, or require any further info, please contact Team on:
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WEDNESDAY
21/05/2025

RACK CITY POOL HALL
2PM TO 7PM

Come and join us for an old school game of pool and early dinner

OUT OF POCKET \$21 + Cost of Dinner

SATURDAY
24/05/2025

TWILIGHT AT THE MUESUM
3.30pm to 8.00pm

Night at the Muesum comes to life! Check out the Redlands Muesum and then come together to watch the classic Night at the Museum

OUT OF POCKET \$30 + Cost of Dinner

WEDNESDAY
28/05/2025

STATE OF ORIGIN - HQ HANGS
7pm to 11.30pm

Its back!!!! State of Origin at HQ. Lets get together, have some dinners, snacks and watch the game

Out of Pocket: \$15.00



BOOKINGS ESSENTIAL AND WILL CLOSE 2 WEEK BEFORE EVENT SO PLEASE GET YOUR BOOKING FORMS IN ASAP
TICKETED EVENTS ARE SUBJECT TO AVAILABILITY



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FRIDAY
30/05/2025

CRANK

9.30am to 2.30pm

Lets strap in and go for a good ol fashion climb! Follow by lunch

Out of Pocket: \$24 + Lunch



FRIDAY
13/06/2025

SPOTTED GUM BUSH WALKING

9.30am to 2.30pm

Lets enjoy this cooler weather, buy exploring south east qld!

OUT OF POCKET \$15 picnic lunch

WEDNESDAY
04/06/2025

MOUNT TAMBORINE WALK

9am to 2pm

Exploring what the gold coast hinterland has to offer! Lets strap on those shoes and get walking. Picnic lunch to follow

Out of Pocket: \$15 (picnic lunch)

SATURDAY
07/06/2025

BRONCOS VS TITANS

6pm to 11.30pm

Who will win? The home team or the Titans? There is only one way to find out

Out of Pocket: \$49.00 + dinner



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WEDNESDAY
18/06/2025

FOOT GOLF

9.30am to 2.30pm

Fan Favourite - Foot Golf! Lets get that ball in the hole!

Out of Pocket: \$15.00

WEDNESDAY
18/06/2025

STATE OF ORIGIN - HQ HANGS

7pm to 11.30pm

Its back!!!! State of Origin at HQ. Lets get together, have some dinners, snacks and watch the game

Out of Pocket: \$15.00

FRIDAY
27/06/2025

BOUNCE

9.30am to 2.30pm

Another Fan Fav - Bounce and KFC!

Come along and bounce, bounce, bounce and Bounce Tingalpa

Out of Pocket: 25.00 + Lunch

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