



YOUNG ADULTS APRIL 2024

Applied Abilities
07 3073 1412
www.appliedabilities.com.au
rosters@appliedabilities.com.au



SATURDAY
20/04/2024

**KALBAR SUNFLOWER
FESTIVAL**
8.30AM - 4.30PM

Join the fun and colourful celebration of sunflowers at a lucerne farm in Kalbar, Scenic Rim. Photos amongst the flowers and markets to explore

OUT OF POCKET \$32

FRIDAY
26/04/2024

FLORAL PAINT AND SIP
5.30PM - 9.30pm

With mothers day around the corner come paint a beautiful Floral arrangement in a guided painting class at HQ. Followed by dinner locally.

OUT OF POCKET \$15

THURSDAY
02/05/2024

SIR THOMAS PLANETARIUM
9.30AM - 2.30PM

Brisbane City Council's Sir Thomas Brisbane Planetarium opened in 1978. Located in the Botanic Gardens Mt Coot-tha, the Planetarium is home to the Cosmic Skydome - a 12.5-metre-diameter projection dome. Lunch before heading home



ADDITIONAL
INFORMATION

AGE GROUP:

- 17 - 30 years old

IMPORTANT INFORMATION

- 1:2 Ratio
- 1:1 for High Intensity Support

**BENEFITS OF GROUP
ACTIVITIES**

- Making new friends
- Building confidence
- Great for NDIS funding
- Correct ratios

If you have any questions, or require any further info, please contact the Team on:



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BOOKINGS ESSENTIAL AND WILL CLOSE 1 WEEK BEFORE THE EVENT SO - PLEASE GET YOUR BOOKING FORMS IN ASAP
TICKETED EVENTS ARE SUBJECT TO AVAILABILITY



YOUNG ADULTS MAY 2024

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SATURDAY
04/05/2024

May The Fourth Be With You!
Paint and Sip
6pm - 10pm

Come to the dark side for a night time paint and Sip at Colour My Pot. Followed by dinner at one of the local restaurants.

OUT OF POCKET: \$15

THURSDAY
09/05/2024

ZONE BOWLING CAPALABA
9AM - 2PM

Back to our favourite Bowling Place, we will be playing two games of bowling then off to the park for picnic lunch, get some fresh air and sunshine

OUT OF POCKET \$26

THURSDAY
16/05/2024

DAISY HILL KOALAS
9AM - 2PM

Lets head to visit the Koala sanctuary where we can learn more about our furry friends. Then head on out to the bushland for a hike and a shared BBQ lunch.

OUT OF POCKET \$10

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- 18 - 30years old


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SATURDAY
18/05/2024

RAGE ROOM @ SMASHED INN
530PM - 930PM

New Rage Room in Cleveland- Lets Smash things, feel better and no clean up

A safe environment to release tension, frustration, and anger from dealing with life, also included is a colour bomb

OUT OF POCKET \$40

THURSDAY
23/05/2024

COOKING AT HQ
10AM - 3PM

Lets head to HQ and cook ourselves an amazing lunch, play some board games and decorate some cupcakes for afternoon tea and hopefully take some home for the family and friends! dont forget to bring a container to take some home

OUT OF POCKET \$15



YOUNG ADULTS MAY / JUNE 2024

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FRIDAY
24/05/2024

**CITY CAT INTO SOUTHBANK
FOR DINNER**
4PM - 930PM

Lets head into Southbank on the City Cat, have a stroll around the markets and restuarants before heading home after a fabulous night in the city with our friends

THURSDAY
06/06/2024

**CRANK INDOOR ROCK
CLIMBING**
10am - 3pm

CRANK has 65 ropes, 40m of boulder walls, 8 auto belays and 100's of Rock Climbing routes, Parkour Park and Ninja Warrior area. All of these areas are included within the one entry price.

OUT OF POCKET \$40

THURSDAY
30/05/2024

**LUMBER PUNKS
AXE THROWING**
10am - 3pm

Axe throwing - yes it is a thing. No - it isn't just for Lumberjanes or Jacks, or Vikings for that matter, Axe Throwing is a fun activity for everyone.

OUT OF POCKET \$50

FRIDAY
07/06/2024

WINTER CHILL NIGHT
5PM - 9PM

Come to HQ for a chilled night in the heart of winter where we can have hot chocolates and smores around a "fire". A great chance to have dinner together before the school holidays start again.

OUT OF POCKET \$5



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